

Sensation and Connection Level 1 & 2

Course Description

The attachment between an infant and a loving parent or caregiver creates a lasting sense of security and safety for the child, which allows for optimal growth and development. When the attachment relationship is disrupted, children feel insecure, unsafe and anxious. Many difficulties experienced by individuals throughout the lifespan can be traced back to disrupted attachment relationships.

The emergence of emotional regulation is a slow gradual process that unfolds over the course of development. At first, the child relies heavily on assistance from caregivers to help them co-regulate their emotions. At first when infants are upset they need the help of an attentive caregiver to calm them down. Through practice and consistent caregiving, infants begin to develop the first signs of emotional self-regulation, as a result of "downloading", or internalizing, their caregivers' emotional regulation "programs". They begin to self-soothe and self-distract to avoid what has upset them calming and organizing their own states of arousal. Over the years, children increasingly manage negative emotions by talking with others and negotiating ways to resolve situations, showing sophistication in emotion regulation. Together with sensory processing and neurological integration a child learns to self-regulate, interact, move and learn in daily life.

Presenter



Kim Barthel, BMR, OTR is an author, consultant, occupational therapist, and owner of Labyrinth Journeys, a workshop company dedicated to providing professional and personal growth workshops. Kim is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy, with post-graduate study in neuro-sciences and a range of complementary healing practices. Having recently authored the pediatric textbook; Evidence and Art: Merging Forces in Pediatric Therapy, Kim proficiently blends and bridges the most up to date science of connection and attachment theory with the intuitive aspect of the therapeutic process. Kim's recent professional challenges include team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world.

Details

	Sensation and Connection Level 1		Sensation and Connection Level 2	
Date:	4 th – 6 th March, 2012		8 th – 10 th March, 2012	
Time:	09:00 – 17:00			
Venue:	HKFYG Multi-function Hall I, 25th/F, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong.			
Language:	The courses will be conducted in English only			
Fee:	Level 1 only		Level 1 & 2	
	On or before 31 st Jan : HKD\$3,300 (Early bird)	After 31 st Jan : HKD\$4,300	On or before 31 st Jan : HKD\$5,500 (Early bird)	After 31 st Jan : HKD\$6,500
Target audiences:	Psychiatrist, Pediatrician, Psychologists, Therapists, Teachers and related professionals			
Organizer:	Fu Hong Society Hin Dip Centre			
Continuous Education Credit (e.g. CPD, CME) for professionals: to be arranged				

Certification

Certificate of attendance will be issued for participants with over 80% attendance.

Sensation and Connection Level 1

This level one workshop will provide the learner with a preliminary understanding of the importance of attachment as an aspect of sensory processing intervention.

Learning Objectives

- ♦ Develop a beginning understanding of attachment theory
- ♦ Develop an understanding of how dyadic interaction between adult and child contribute to the process of emotional self regulation
- ♦ Develop a preliminary understanding of sensory modulation and self-regulation
- ♦ Understand potential outcomes of dysregulation
- ♦ Introduction to attachment patterns throughout the lifespan

Day One: The Theory of Attachment

This day will focus on developing an understanding of how attachment relationships develop and how they affect behavior and learning.

Day Two: The Science of Attachment & Sensory Processing

This day will focus on the neurobiology of attachment and sensory processing and how they intersect to contribute to behavior, learning and emotional development.

Day Three: The relationship between Attachment & Sensory processing

This day will focus on the interplay of attachment and sensory processing as they contribute to self-regulation and adaptive functioning.

Sensation and Connection Level 2

This three-day course integrates the theories of sensory processing and attachment intervention. Through videotape analysis, lecture and course interaction, participants will learn to analyze behavior through a sensory and attachment lens. This clinical reasoning will help to guide treatment intervention at a mastery level.

Learning Objectives

- ♦ The learner will begin to understand how to employ sensory strategies for the treatment of emotional trauma and sensory dysregulation across the lifespan.
- ♦ The learner will begin to understand how to employ dialoguing and expressive interventions for the treatment of emotional trauma and sensory dysregulation across the lifespan
- ♦ The learner will begin to understand how to employ cognitive frameworks and environmental adaptations for the treatment of emotional trauma and sensory dysregulation across the lifespan.
- ♦ Develop a beginning understanding of attachment theory
- ♦ Develop an understanding of how dyadic interaction between adult and child contribute to the process of emotional self regulation

Day One: Focus on Sensation

This day will provide the learner with the opportunity to learn the use of sensory processing intervention in the treatment of developmental disability and emotional trauma. Sensory interventions will include therapeutic listening, somatosensory input, biofeedback, astronaut training and other sensory approaches.

Day Two: Focus on Emotion

This day will provide the learner with the opportunity to learn the use of dialoguing and expressive interventions to support clients with both sensory processing challenges and emotional/behavioral issues

Day Three: Focus on Thinking

This day will provide the learner with the opportunity to learn how to structure the environment and structure of the individual to support clients with both sensor processing challenges and emotional/behavioral issues.

For Enquiry, please contact Ms. Tammy Chan or Mr. Stephen Chan.
Telephone: (852) 2214 2591; E-mail: hdc@fuhong.org

Sensation and Connection Level 1 & 2

Registration Form

Mail / Fax registration to: Florence Chan
Hin Dip Centre, 2/F, FHS Rehabilitation Centre, 85 Yue Kwong Road, Aberdeen, Hong Kong
Telephone: (852) 2214 2591 Fax: (852) 2552 4116 E-mail: hdc@fuhong.org
Website: <http://www.fuhong.org/hdc>

Name (in Block Letters): _____
Institution: _____ Profession: _____
Mailing Address: _____
Phone(Office): _____ Phone(Mobile): _____ Fax No.: _____
E-mail: _____

Registration Category

Sensation and Connection Level 1 only	<input type="checkbox"/> Early bird (on or before 31 st Jan): HKD\$3,300	<input type="checkbox"/> After 31 st Jan: HKD\$4,300
Sensation and Connection Level 1 & 2	<input type="checkbox"/> Early bird (on or before 31 st Jan): HKD\$5,500	<input type="checkbox"/> After 31 st Jan: HKD\$6,500

Payment Method

Please make cheque payable to (and send to) "Fu Hong Society". Notification will be sent to confirm registration after receipt of payment.

Terms and Conditions

In no event shall Fu Hong Society and its employees be liable to the participants for any costs, losses, damage, liabilities or expenses arising directly or indirectly from this seminar.

I, _____(name of participant), hereby confirm that I have read, understood and agreed with all terms and conditions stated for this seminar.

Signature: _____

Date: _____

No registration fees shall be re-funded to participants after confirmation of registration.